

SEOUL, SOUTH KOREA

AUGUST 24, 2024



# WELCOME TO 14TH IOFTC

*STRENGTH IN UNITY, VICTORY IN FRIENDSHIP*

## INFORMATION PACKET

### **KYUNGMIN UNIVERSITY**

545 SEOBU-RO, UIJEONGBU-SI,  
GYEONGGI-DO, SOUTH KOREA

HOSTED BY:



**경민대학교**  
KYUNGMIN UNIVERSITY

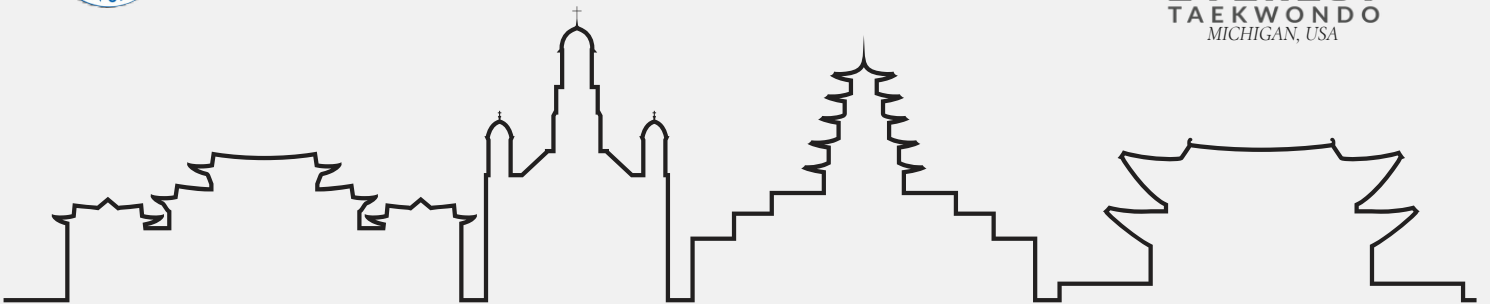
ORGANIZED BY:

KOREA MARTIAL ART FEDERATION  
**사단법인 한국무술합기도협회**

SUPPORTED BY:

US WORLD CLASS  
TAEKWONDO HOLLYWOOD  
OREGON USA

**EVEREST**  
TAEKWONDO  
MICHIGAN, USA



## REGISTRATION & CREDENTIALS

August 23-24, 2024  
KYUNGMIN UNIVERSITY  
545 Seobu-ro, Uijeongbu-si,  
Gyeonggi-do, South Korea



scan to register

## BRACKETS & REPORT TIMES

*Kyorugi brackets and report times will be published after the weigh ins conclude the day prior to competition on the 14th IOFTC website and Facebook page.*

## COMPETITION RULES

*Modified WT Rules. Cadets will NOT use height/weight divisions.  
Single elimination brackets. All divisions will be best two out of three rounds.*

## EQUIPMENT

### **PSS – system**

*Daedo International Generation 2, with electronic headgear are provided by the OC for all divisions. Athletes must bring their own Daedo socks.*

### **Dobok and protective equipment**

*Athletes can only use WT recognized products while participating at the event.*

## ACCOMMODATION

### **Hotel accommodation**

*All accredited club/teams participating at the event are strongly recommended to book their hotel accommodation via the Organizing Committee in the Official Hotels.*

**Hotel Banwol:** 558 Pyeonghwa-ro, Uijeongbu-si, Gyeonggi-do, South Korea  
Nice Hotel: 48 Sinheung-ro 240beon-gil, Uijeongbu-dong, Uijeongbu-si, Gyeonggi-do, South Korea

## WEIGH-IN

*A competitor's weight shall be measured the day prior to his/her competition day. All competitors must weigh-in during the designated times on the schedule.*

*A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.*

*Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.*

## BOARD BREAKING (FLYING SIDE KICK)



*In this competition, Taekwondo practitioners showcase their skill of the flying side kick, a dynamic and powerful technique that requires agility, strength, and impeccable timing. Participants launch themselves into the air, executing a perfectly controlled side kick to break a board suspended at farthest distance.*

*Athletes are judged not only on their ability to break the boards but also on the farthest distance and accuracy of their kicks. The competition highlights the fusion of athleticism and martial artistry as participants push their limits to achieve impressive feats of strength and focus.*

**Number of Attempts:** *Participants may be allowed 2 attempts to break the board. The total score is usually based on the best or highest-scoring attempt. If the board breaks in the first attempt that will be the final attempt.*

**Distance Markings:** *Clearly marked distance lines should be established to indicate the starting point for participants. This ensures consistency and fairness in the competition.*

## **SPORT POOMSAE**

*Sport Poomsae is the WT compulsory poomsae used at sanctioned international competitions such as World Taekwondo Poomsae Championships. Competitors must perform the designated form(s) for their age and rank group randomly determined by the Tournament Official. Compulsory/designated poomsae will be selected and published online prior to the competition date.*

## **GRASSROOT POOMSAE**

*Grassroots poomsae in Taekwondo refers to the foundational level of practicing choreographed movements. It involves basic sequences of techniques, including kicks, strikes, and stances, designed for beginners and those starting their martial arts journey. Grassroots poomsae focuses on building fundamental skills, precision, and understanding of martial arts principles, serving as the initial step in a practitioner's training. This level provides the groundwork for advancing to more complex and advanced poomsae as individuals progress in their Taekwondo practice.*

### **Grassroot Traditional Form (Poomsae) Pick one only.**

*Ages 5 and under all ages: **Any taeguk Poomsae (Form) or creative.***

*Age-6-8, 9-11, 12-14, 15-17, 18-32, 33-49, 50 and up- White, Yellow, Yellow Stripe, Orange Belt- **Taeguk (Form) 1 Or 2***

*Age: 6-8, 9-11, 12-14, 15-17, 18-32, 33-49, 50 and up- Green, Green Stripe, Blue, blue Stripe, Purple Belt- **Taeguk (Form) 3 Or 4 Or 5.***

*Age: 6-8, 9-11, 12-14, 15-17, 18-32, 33-49, 50 and up- Red, Red Stripe, Brown, Brown Stripe - **Taeguk ( Form) 6 Or 7 Or 8.***

*Age: 6-8, 9-11, 12-14, 15-17, 18-32, 33-49, 50 and up- Poom Belt, Black Belt- **Taeguk (Form) 8 or Koryo .***

## **REGISTRATION & FEES**

Entries will only be accepted through the Eventbrite online registration system. All athletes and coaches must register through the Eventbrite online registration system. There will be no onsite registration.

| <b>ATHLETES</b>          |                  |                              |
|--------------------------|------------------|------------------------------|
| <i>DEADLINE</i>          | <i>ONE EVENT</i> | <i>EACH ADDITIONAL EVENT</i> |
| <i>AUGUST 11TH, 2024</i> | <i>\$50</i>      | <i>\$50</i>                  |
| <i>AUGUST 22TH, 2024</i> | <i>\$70</i>      | <i>\$70</i>                  |

| <b>COACHES</b>           |                  |
|--------------------------|------------------|
| <i>DEADLINE</i>          | <i>ONE EVENT</i> |
| <i>AUGUST 20TH, 2024</i> | <i>\$25</i>      |

## **CREDENTIALS**

*All coaches and athletes will receive a physical credential onsite at the event. Please come to the registration desk for pickup during the designated registration times.*

*All participants must provide a valid ID to weigh-in. There will be no exception to this policy. A valid ID can be any of the following: school ID, state issued ID, GAL, or passport. If the athlete is a minor and does not have a valid ID, then the parent/legal guardian must provide a copy of their birth certificate.*

## AWARDS

| INDIVIDUAL AWARDS |              |
|-------------------|--------------|
| 1ST PLACE         | GOLD MEDAL   |
| 2ND PLACE         | SILVER MEDAL |
| 3RD PLACE         | BRONZE MEDAL |
| 3RD PLACE         | BRONZE MEDAL |

### **Other awards**

*Best Male and Best Female athlete in the Kyorugi Division*

*Best Male and Female Kyorugi International Referees*

*Best Male and Female Kyorugi Team Coach.*

*Appreciation Medal to all participant pick up during check-in.*

## SPECTATORS TICKETS

SPECTATORS TICKETS will be available in Eventbrite as well.

## COACH DRESS CODE AND REGULATIONS

- *Athletic attire/team tracksuit or business attire*
- *Jeans and doboks are not permitted*
- *Closed footwear only; no heels or sandals*
- *No chewing gum or use of electronic devices, such as cell phones, PDA or video cameras*
- *Coaches perceived to be under the influence of alcohol/drugs will not be allowed in the competition area*
- *Any type of cap/hat is not allowed*

## ACCESS TO COMPETITION AREA

- *Accreditation is mandatory to access the competition area or the warm-up area.*
- *By accepting and/or downloading an accreditation, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events*
- *Only athletes and their coaches will have admittance with valid accreditations to the contest areas*

## EVENT SCHEDULE

| <i>DATE</i>        | <i>EVENT</i>                   | <i>TIME</i>          |
|--------------------|--------------------------------|----------------------|
| <i>AUGUST 20TH</i> | <i>FINAL REGISTRATION DATE</i> | <i>11:59PM LOCAL</i> |
| <i>AUGUST 23RD</i> | <i>WEIGH-IN \ CHECK IN</i>     | <i>4PM-8PM LOCAL</i> |
| <i>AUGUST 23RD</i> | <i>POOMSAE SEMINAR</i>         | <i>5PM-7PM LOCAL</i> |
| <i>AUGUST 24TH</i> | <i>COMPETITION STAGING</i>     | <i>7:00AM</i>        |
| <i>AUGUST 24TH</i> | <i>REFEREE MEETING</i>         | <i>7:00AM</i>        |
| <i>AUGUST 24TH</i> | <i>COACH MEETING</i>           | <i>7:30AM</i>        |
| <i>AUGUST 24TH</i> | <i>COMPETITION BEGANS</i>      | <i>8AM-4PM LOCAL</i> |
| <i>AUGUST 26TH</i> | <i>KUKKIWON AND DMZ TOUR</i>   | <i>8:30AM</i>        |